



Heartland Alliance for Human Needs & Human Rights
&
Northwestern University Feinberg School of Medicine's chapter of
the American Medical Association and the Department of Family Medicine
present

Rogers Park Community Wellness Fair

SATURDAY, APRIL 19th, 2008
10:00am to 12:00pm

Join us at
Heartland Health Center-Rogers Park, 2200 West Touhy in Chicago

for

FREE-

Yoga/meditation sessions

Cooking & nutrition sessions – with FREE food tastings

Pediatric Home Safety sessions (including Fire Prevention & Safety!)

Physical wellness sessions

Oral health sessions

Alternative & complimentary health therapies sessions

Each participant will receive **FREE-**

Pediatric home safety kits, including smoke detectors

Tooth brushes & tooth paste

Physical health manuals

*For more information please call the Heartland Health Center-Rogers Park at **773-751-1875**.*